GO BEYOND

THE CHARITY GIVING BREAKS THAT LAST A LIFETIME

New Breaks in the Southeast 2026

All our breaks are fully funded

# GO BEYOND RESIDENTIAL BREAKS 2026

## REFERRAL PROCESS AND CENTRE HIRE

ASDAN

CIEA Chartered Institute of Educational Assessors
Promoting Excellence in Assessment

CEVAS Access to Farms Accredited Personnel

Institute for Outdoor Learning

## Introduction by Michele Farmer, CEO

Do you know a child that needs a break? Are they silent and withdrawn? Has something changed recently? Go Beyond breaks are proven to work well for children aged 8-13 facing challenges. They might be affected by issues at home such as caring responsibilities, bereavement, poverty or abuse or they simply might be finding the change in year groups/ schools or classes difficult as they grasp with confidence and resilience. If you know a child that for any reason simply needs a break please consider referring them to Go Beyond. All our breaks are **FREE** for the children and young people that are in need. All you need to do is arrange transport to one of our nearest train stations and we will pick them up from there. We know the children and young people that come to us are often nervous but leave with renewed confidence, resilience, trust and friendship.

Maybe you know a whole group that could benefit from a Go Beyond experience and would like to chat to us about hiring one of our centres or co-delivering a break with us. Many Young Carer groups and schools already use our facilities and we help them to design a break that suits their needs. We would love to hear from you. Please find some further information in this brochure or call us on 01822 811020 for more information.

## Could you inspire self-belief in a child you work with?

We accept referrals from any individual working with young people in a professional capacity. Refer today to give them a chance for a positive and inspiring experience.

Go Beyond's expert staff and committed volunteers give children and young people the chance to have the moments and experiences they need to believe in themselves and think beyond the day-to-day for a bigger, brighter future.

We offer fully catered, activity based residential breaks for up to four nights. The quality of our breaks and our embedded Asdan accreditation allows children to attend during term times.

- Monday to Friday (5 days and 4 nights)
- Refer up to 16 young people
- Young people aged 8 to 13 years old
- ASDAN Registered Centre, not absent
- Referred by a professional who knows them well
- Pick up from local railway stations
- Delicious home cooked food
- No phones or technology
- All year round
- Secure online referral portal

Our centres in Cornwall and the Peak District are designed with children in mind. Take a look below at where the children sleep and eat, and which areas they enjoy spending time in the most. Our Coastal Centre is in South Cornwall, overlooking the village of Tywardreath and a 15 minute walk to the golden sands of popular Par beach. It is well located for a fun, active, but relaxing break from home worries. Our Daleside Centre is located in over 60 acres of the Peak District National Park and close to areas of natural beauty such as Dovedale. It is is an excellent rural haven to unwind and have some fun.

We'll start in the heart of our Centres, the kitchens, where our cooks make home-cooked meals that the children enjoy in family-style dining rooms where chats and jokes are encouraged!

Go Beyond breaks run from two centres, one a 15 minute walk from a Cornish beach, the other nestled in the unspoiled Peak District.

Both centres have Sports Barns with trampolines, giant Jenga, basketball nets, goals and balls. Here, children enjoy free play and team building games to build friendships and confidence. Meanwhile, our Arts and Craft Barns are creative spaces to let imaginations go wild.

At the end of each day, the children sleep in cosy beds in shared rooms that are full of comfy duvets, books and soft toys. Some of the children have never had their own bed before. They love going to sleep at night chatting and giggling.

**Inside, our centres have book corners and chill out rooms** for when children need a quiet moment or to talk in a safe, supportive space. Meanwhile, our large comfortable lounges offer space to relax with board games and movie nights!

"Go Beyond is my happy place"

**Now visit our onsite Toy Shops.** Here, we keep hundreds of toys donated by generous companies. At the end of the week children get to visit the 'Toy Shop' and pick what they like!

Outside we have orienteering courses, Frisbee golf, kitchen gardens, fire pits and games, plus waterproofs and wellies to get outdoors whatever the weather.

Go Beyond Charity is a Company registered in England and Wales under Company Registration Number 03985540.
Registered charity in England & Wales (1080953)
Registered office address: 5th Floor, 2 Conduit Street, London, W1S 2XB

## We make sure we measure the impact we have

The Stirling Children's Wellbeing Scale is a questionnaire designed to measure emotional and psychological wellbeing in children and is ideal for measuring the impact of our breaks. The survey consists of 15 questions that aim to provide a holistic view of children's wellbeing. The questions cover a range of topics, including positive emotions, relationships with others, and sense of purpose. The results of the survey provide valuable insights into the emotional and psychological wellbeing of the children who visit us. We are keen to work in partnership with you to maximise the benefits for children. If you refer a child we will share the outcomes with you.

| **Impact Focus (Stirling Scale questionnaire)** |
|---|
| I think good things will happen in my life |
| I've been able to make choices easily |
| I can find lots of fun things to do |
| I feel that I am good at some things |
| I think lots of people care about me |
| I think there are many things I can be proud of |
| I've been feeling calm |
| I've been in a good mood |
| I enjoy what each new day brings |
| I've been feeling relaxed |
| I enjoy learning new things |
| I like being outdoors |
| I don't give up easily |
| I find it easy to make new friends |

### Feedback from Children and Referral Agents

Feedback is very important to us, from the children on our breaks to our Referral Agents. Here is what they have said:

"I loved everyone, everything and the whole experience"

"I made a lot of friends"

"I love you Go Beyond!"

"Loved learning different things and swimming"

"I am proud of things I have achieved"

"Making good memories"

"You do an amazing job for lots of children who require a break from their challenging circumstances"

"The team worked tirelessly, enthusiastically and with skill to provide our pupils with an amazing experience"

"What the charity is doing is incredible"

"I have been blown away by all of what you offer to the young people"

## Go Beyond's Theory of Change

| What it means to "Go Beyond" | What happens on a break: | Which enables: | Young People: |
|---|---|---|---|
| **Positive Space**<br>We give young people space; physically, emotionally and socially away from their normally difficult and stressful daily lives, so they can relax, play, have fun and have time to feel good about themselves | Young people take on challenges and go beyond what they think they can do physically, emotionally and overcome their fears | Young people become more aware of their capabilities and develop confidence, self belief and resilience | HIGHER ASPIRATIONS AND EXPECTATIONS<br>DEVELOP HEALTHY COPING MECHANISMS<br>A POSITIVE OUTLOOK AND EMOTIONAL STATE<br>POSITIVE MEMORIES<br>MORE RELAXED<br>INCREASED SELF WORTH<br>IMPROVED INTERACTIONS WITH OTHERS |
| **Getting outside**<br>The experience of being outside in nature and using our senses to interact with unique landscapes helps create lasting memories that reinforce the personal efforts and gains made on break | Young people experience new surroundings and activities while learning new skills | Young people become aware that the world is a bigger place and explore where they might fit into it with newfound skills and knowledge | |
| | Young people get outside and are more active than usual | Young people benefit physically, emotionally & socially from relaxation, laughing and being active | |
| **Shared, New experiences**<br>Shared and new experiences, leading to increased discussion, debate and interactions with peers and adults on break, along with overcoming challenges and fears | Young people have space and time to relax, have fun and enjoy themselves | Young people enjoy being outside and become emotionally attached to the awe and wonder of nature | |
| | Young people live, play, reflect and experience new things together as a group, celebrating their differences and achievements | Young people form stronger relationships with peers and adults, developing their social and communication skills, along with being more empathetic | |
| **Residential Impact**<br>Research has demonstrated that residentials have a strong positive impact on relationships, self confidence and resilience | Young people spend positive time with relatable and supportive adults | Young people form stronger relationships with adult role models leading to increases in trust and appropriate behaviours | |

Young people are motivated and confident to make positive choices and changes in their lives to build a brighter future

## Make a referral today

Make a referral online: www.gobeyond.org.uk/breaks/refer/

Or contact our Referral Coordinators:

Call us on 01822 811020 (choose referral)

Email: coordinators@gobeyond.org.uk

You can find more information on our website: www.gobeyond.org.uk

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Registered office address: 5th Floor, 2 Conduit Street, London, W1S 2XB

Centre Accreditation Number: 34664

Go Beyond is a recognized ADSAN center. Children participating in Go Beyond breaks during term time can be marked as present on the school register.

## What is ASDAN?

ASDAN (Award Scheme Development and Accreditation Network) is a curriculum development and awarding organisation that offers programmes and qualifications recognising children's skills outside the traditional classroom setting. Since not all children excel in a standard academic curriculum, ASDAN provides an alternative by crediting non-academic skills. This approach has been widely adopted by UK schools. At Go Beyond, we support this development through our breaks, helping children gain valuable skills and experiences.

**Benefits for the children**

One significant advantage of this accreditation is that children's attendance records remain unaffected when they attend a Go Beyond break during term-time.

While on break, schools can register the children as participating in an off-site educational activity under Category B.

ASDAN acknowledges that children continue to learn in an outdoor environment. The benefits to their academic progress upon returning to school are substantial. Referral Agents have observed that Go Beyond children often return more confident, more willing to participate in class, and better at interacting with their peers, having developed these social skills during their break.

At Go Beyond, our breaks provide children with the chance for **personal development and new experiences** (as recognized by our ASDAN certificate). Children will earn this certificate if the break leaders observe that they have ventured into something new. This could be their first time rock climbing, overcoming fears, spending time away from home, making new friends, or trying different foods. We believe that most children who join us embrace new challenges, push their boundaries, or inspire others to do the same, making these breaks truly special.

# Referral Timeline and Checklist

## Go Beyond

- Identify young people who will benefit from a Go Beyond break
- Register on the Go Beyond online referral system: https://www.gobeyond.org.uk/breaks/refer
- Log on and enter the young persons basic details: https://gobeyondbreaks.campmanagement.com/p/campers/login_m.php
- Complete the young persons referral forms
- Discuss the young person with our Referral Coordinators (consider special requests, rooming, diets, medication)
- Agree that the young people are suitable for a break with us
- Agree a date for the young people's break*
- Download the Parent Consent and Medical form and share with parents/guardians. Upload the completed form to our system
- Complete the transport form for each young person and agree local arrangements
- Complete the Pre-Break Monitoring form for each young person
- Young people attend their break
- Go Beyond sends the young peoples break evaluation reports
- Please complete the Post-Break Monitoring form for each young person
- Please complete the Referral Feedback form

*If you wish to agree a date for a group booking in at the start of the process, that is fine.

## Organisation/School

- Download and share the Go Beyond Due Diligence pack with your Visits Coordinator
- Get Management/School approval for the visit
- Staffing/supervision arrangements: who/when/why? All visiting staff should register on our online system for volunteers and complete the Visiting/Accompanying Staff Form in the Forms area. https://www.gobeyond.org.uk/apply-to-become-a-break-volunteer/
- • Enter onto your visits approval system: eVisit, Evolve etc. (We are not listed so an "External Provider form should be needed)
  • Complete any further forms SOE5 External Provider forms (on our system, but might need local LEA/MAT version)
  • Get approval
- Download and share the Go Beyond Parent's Guide to our breaks with parents and guardians
- Gain own parental approval for the visit
- Transport arrangements: book/times/pick up/drop off
- Download and share the Break Confirmation to parents with transport and contact password details

GO BEYOND

# Availability for 2026 at our Coastal Centre In Cornwall

| January | | | | | | | |
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| June | | | | | | | |
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| July | | | | | | | |
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| September | | | | | | | |
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## CENTRE AVAILABILITY

Residential week (4 nights)

Residential week (3 nights)

Residential week (flexible 1 – 3 nigh taster breaks available). Day only breaks may be available

Not available

Possible Centre for rental

## BANK HOLIDAYS

01-Jan New Years Day
03-Apr Good Friday
06-Apr Easter Monday
04-May Early May Bank Holiday
25-May Spring Bank Holiday
31-Aug Summer Bank Holiday
25-Dec Christmas Day
28-Dec Boxing Day

## KEY INFORMATION

The Coastal Centre, Barn Park Farm, Well Street, Tywardreath, Cornwall, PL24 2QN

www.gobeyond.org.uk

**Residential Break Referrals**
Call Allison Harris
on 01822 811020

**Centre Hire**
Call Sharon Retallick
on 07936 439593

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# Availability for 2026 at our Daleside Centre in Derbyshire

**January**

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**February**

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**March**

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**April**

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**May**

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**June**

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**July**

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**August**

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**September**

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**October**

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| 44 | 26 | 27 | 28 | 29 | 30 | 31 | |
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**November**

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**December**

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25-May Spring Bank Holiday
31-Aug Summer Bank Holiday
25-Dec Christmas Day
28-Dec Boxing Day

## KEY INFORMATION

The Daleside Centre, Ravenscliffe Farm, Ashbourne, Derbyshire, DE6 1LF

www.gobeyond.org.uk

**Residential Break Referrals**
Call Lesley Andreassen
on 01822 811020

**Centre Hire**
Call Caren Keeling
on 07475 172772

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# New for 2026: Go Beyond is bringing breaks to children in the South East

In 2026 we will be reaching even more vulnerable young children, through our new partnership with Cardfields in Essex. We will be trialling 'Pop Up' breaks over 6 weeks and bringing Go Beyond directly to children from London's most disadvantaged communities, where thousands are missing out on safe spaces, green places and the simple joys of childhood.

One in three children in London are growing up in poverty

We believe every child who faces serious challenges in their lives deserves a break. That's why we are on a mission to break down barriers for London's most vulnerable young people.

Our first step is a new partnership with Cardfields, a beautiful outdoor centre in Essex just an hour from London. Our ambition is bring the Go Beyond experience closer to children in the South East, enabling more to benefit from a break. We plan to use this partnership model as a blueprint for further pop ups close to other disadvantaged communities across the UK

If you would like to find out more about our breaks in the South East or refer a child please visit Go Beyond in the South East

## 2026 Breaks Programme: Cardfields Centre

**April**

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**May**

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**June**

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**July**

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**August**

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| 35 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 36 | 31 | | | | | | |

**September**

| Wk | Mo | Tu | We | Th | Fr | Sa | Su |
|---|---|---|---|---|---|---|---|
| 36 | | 1 | 2 | 3 | 4 | 5 | 6 |
| 37 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 38 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 39 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 40 | 28 | 29 | 30 | | | | |
| | | | | | | | |

**October**

| Wk | Mo | Tu | We | Th | Fr | Sa | Su |
|---|---|---|---|---|---|---|---|
| 40 | | | | 1 | 2 | 3 | 4 |
| 41 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 42 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 43 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 44 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | | |

**November**

| Wk | Mo | Tu | We | Th | Fr | Sa | Su |
|---|---|---|---|---|---|---|---|
| 44 | | | | | | | 1 |
| 45 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 46 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 47 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 48 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 49 | 30 | | | | | | |

**December**

| Wk | Mo | Tu | We | Th | Fr | Sa | Su |
|---|---|---|---|---|---|---|---|
| 49 | | 1 | 2 | 3 | 4 | 5 | 6 |
| 50 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 51 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 52 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 53 | 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| | | | | | | | |

Go Beyond Charity is a Company registered in England and Wales under Company Registration Number 03985540. Registered charity in England & Wales (1080953)
Registered office address: 5th Floor, 2 Conduit Street, London, W1S 2XB

## Coastal and Daleside Centre Hire Price List 2026

Our Centres are available to hire by organisations, charities and schools that would like to organise their own breaks. We are always on hand to help with planning and delivery.

| Main house Rental prices | 1 day 1 night | 2 days 1 night | 3 days 2 nights | 4 days 3 nights | 5 days 4 nights |
|---|---|---|---|---|---|
| Daytime use only 8.30am – 5.00pm | £200.00 | £350.00 | £450.00 | £550.00 | £650.00 |
| Daytime and residential use | | £520.00 | £680.00 | £850.00 | £1,000.00 |

The above provides no catering but includes bedding, towels, all centre fuel costs and access to our catering facilities for your group use. We are very happy to discuss a bespoke mix of the above to suit your needs.

Add on options are outlined below, priced depending on need:

Catering options: refreshments, packed lunches, half board and full board

Activity options: half day and full day (soft archery, orienteering, team challenges)

Transport options: pick ups and activity transport

Daleside Centre

Ravenscliffe Farm, Ashbourne, Derbyshire DE6 1LF

- Call Caren on 07475 172772
- Or Email
- carenkeeling@gobeyond.org.uk

Coastal Centre

Barn Park Farm, Well Street, Tywardreath, Cornwall PL24 2QN

- Call Sharon on 07936439593
- Or email: sharonretallick@gobeyond.org.uk

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# Refer a young person for a break

## Find out more

**All our breaks are fully funded**

We accept referrals from any individual working with young people in a professional capacity. Could you inspire self-belief in a child you work with?